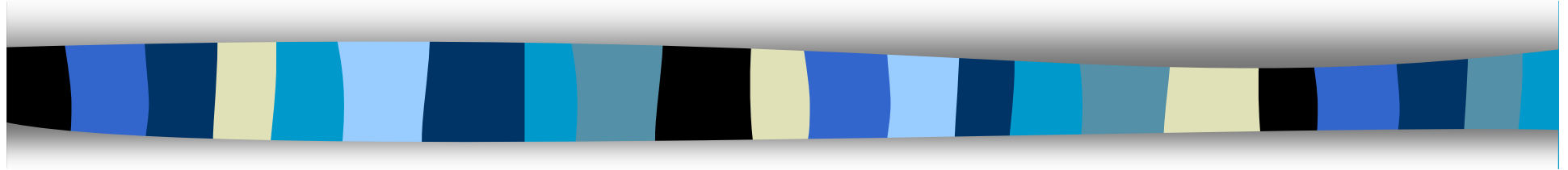


# Extreme Tropo Propagation on 144 MHz and up



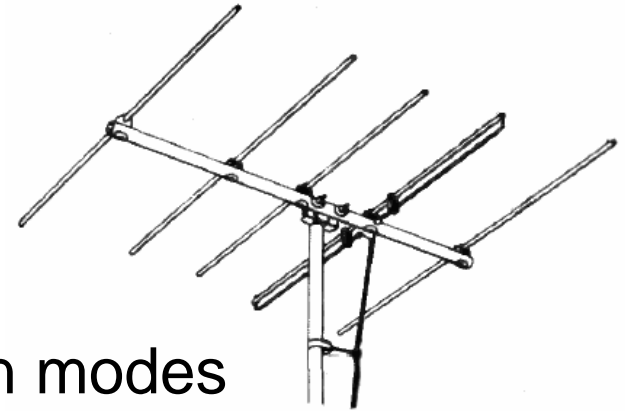
Presentation given at the 41st Nordic  
VUSHF Meeting 2019 at Skjeberg

Stefan Heck - LA0BY

(e-mail: [la0by@nrri.net](mailto:la0by@nrri.net))

# Overview

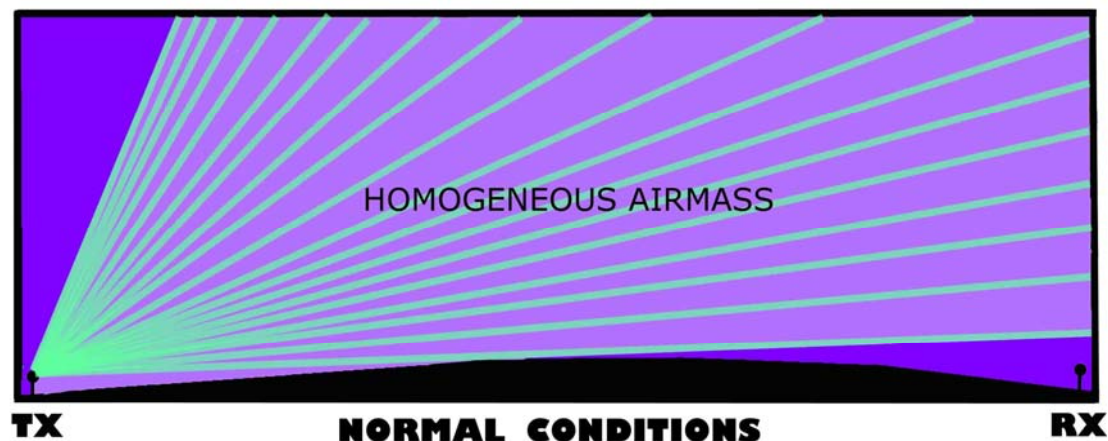
- Intro to tropospheric propagation modes
  - It all happens below 10000 m in altitude ...
- My journey to 2000 km and beyond
  - Examples from own experience from JO59IX
  - Comparing predictions and observations
  - Operational considerations
  - The next frontier - where is the limit?
- Summary and conclusions
  - Preparations (checklist)



# Tropospheric propagation modes

## Normal (Groundwave, Line-of-Sight)

- Most common type of propagation for radio; works for all frequency bands
- Communication path follows a (more or less) straight line
- Propagation loss depends on distance & frequency
- High altitude gives larger radio horizon



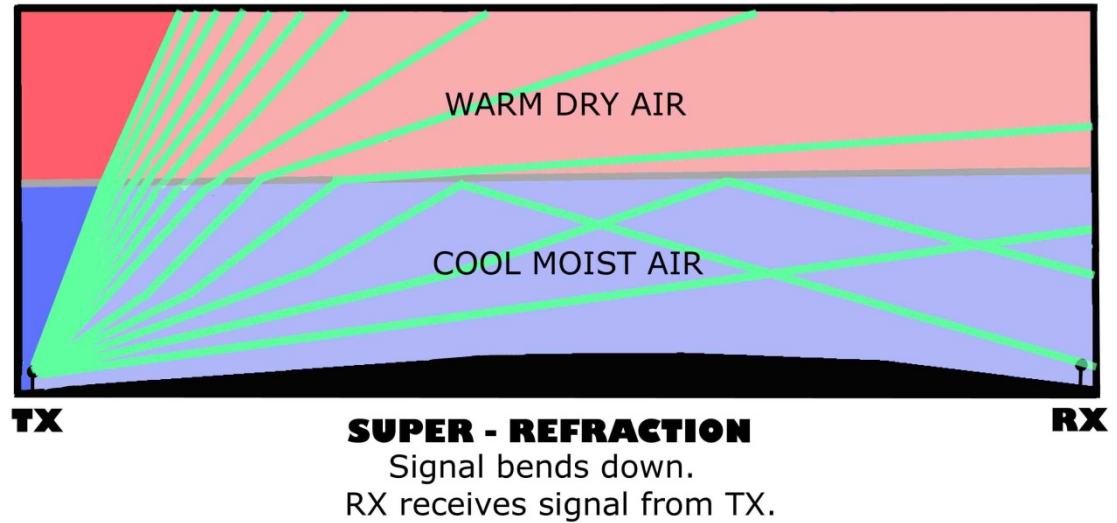
RX has no reception - TX is below the horizon.

LA0BY 2019

3

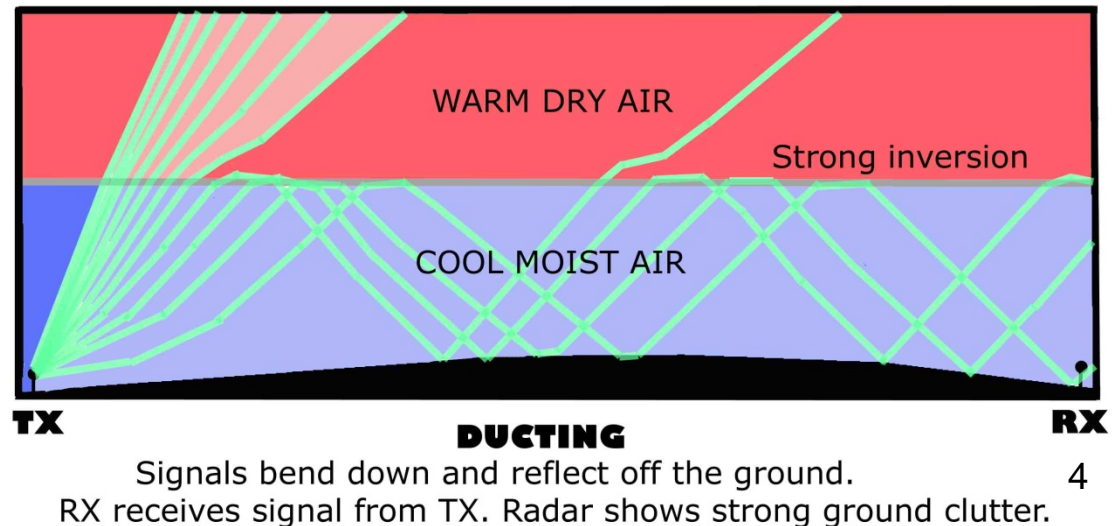
# Tropospheric propagation modes

Tropospheric enhancement (TrE)



W. HEPBURN

Tropospheric ducting (TrD)

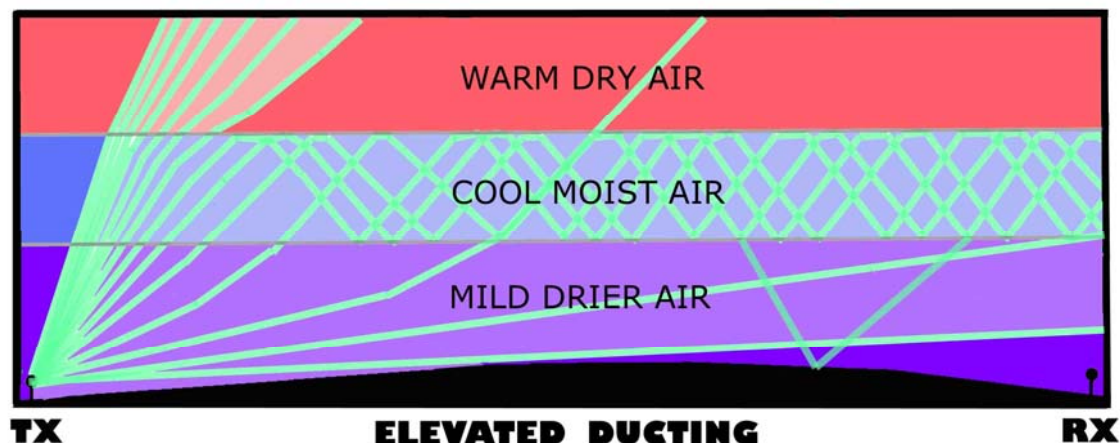


W. HEPBURN

# Tropospheric propagation modes

## Elevated tropospheric ducting

- Top of inversion is very high above ground
- Receiver must be in the layer for maximum signal
- May support very long distance communications



**ELEVATED DUCTING**  
Signals trapped in an elevated duct  
No signal received at RX,  
but occasionally signals escape the duct.

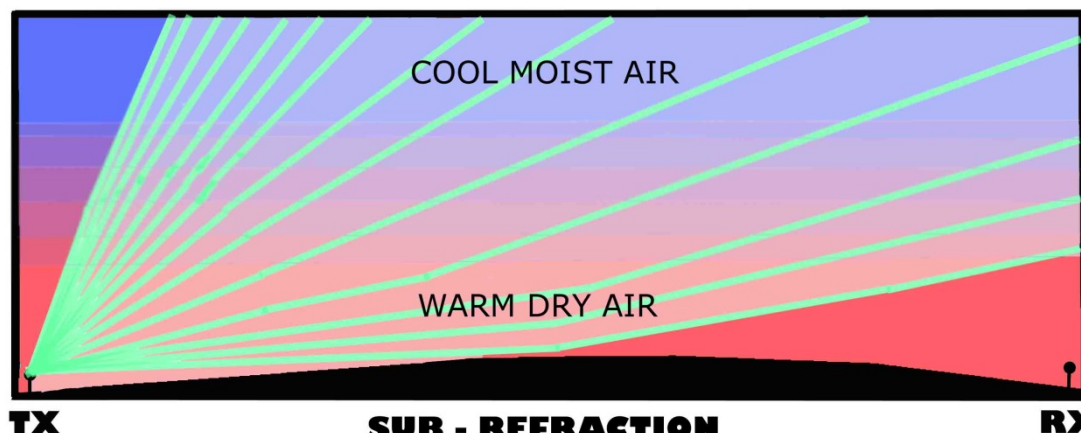
# Tropospheric propagation modes

## Tropospheric scattering

- Refraction from minor irregularities – needs high power

## Tropospheric sub-refraction

- Generated by unstable troposphere where temperature gradient drops-off with altitude faster than normal
- «anti-Tropo» condition that is worse than normal



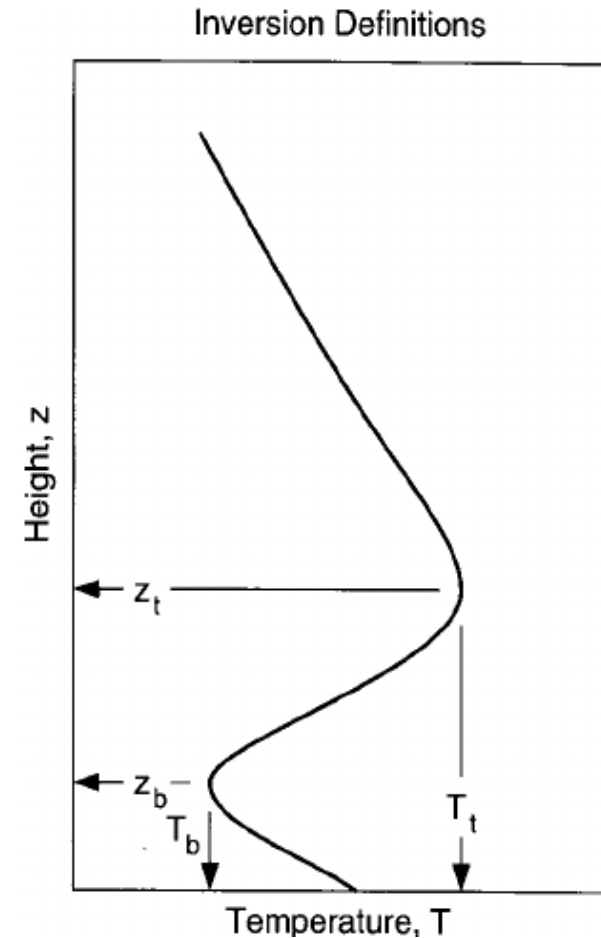
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**SUB - REFRACTION**  
Signal bends up. Range is reduced.  
RX has no reception.

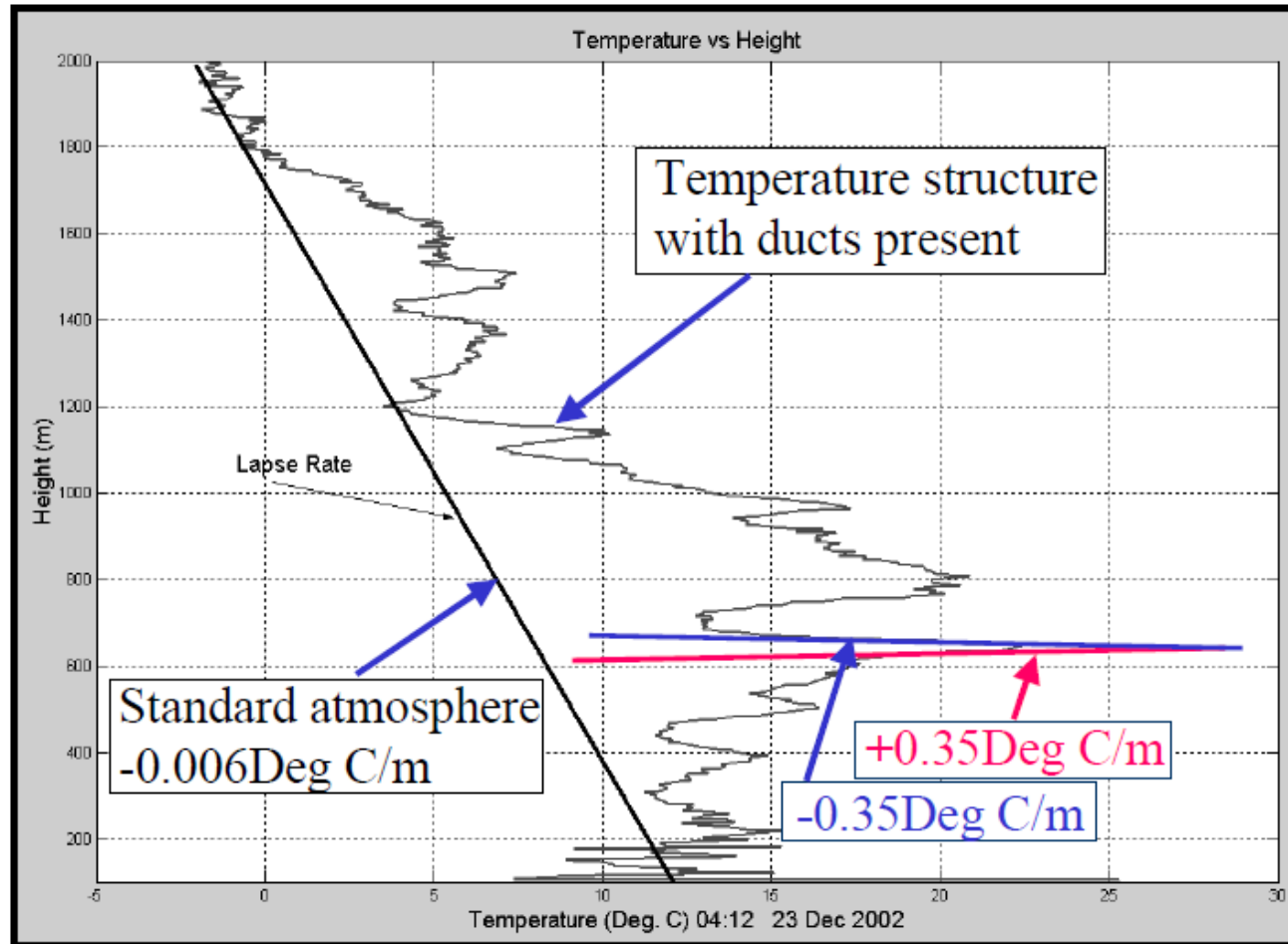
6

# Tropospheric propagation summary

- Enhanced modes require some kind of temperature inversion
  - Temperature in lower atmosphere normally lapses by  $6,5^{\circ}\text{C}/\text{km}$
  - Inverted profile up to  $10\text{-}15^{\circ}\text{C}/\text{km}$
- Refraction index involves both temperature and humidity
- Effect is frequency dependent (inversion altitude and layer thickness)
- Long paths may involve portions of different modes



# Real life signature of ducts



- Source: VK3KAQ – Characteristics of Ducts
- $7^\circ \text{ C}$  change over just 20 m in altitude



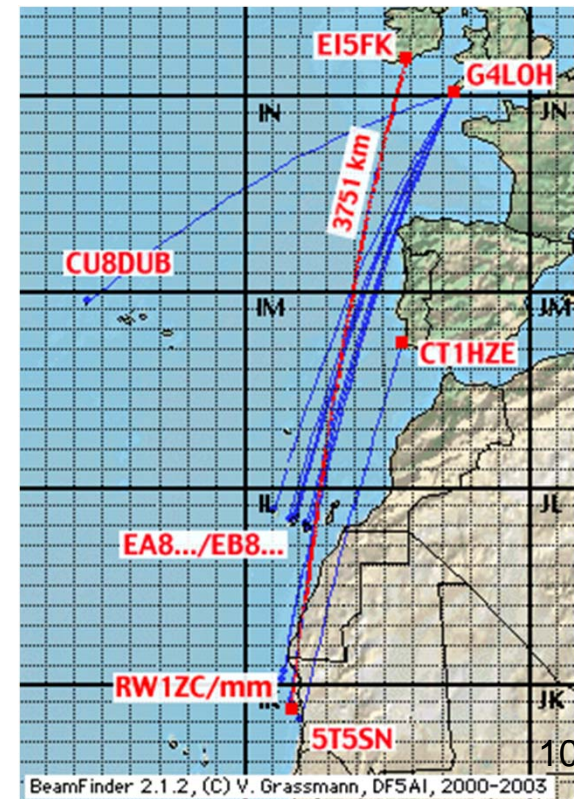
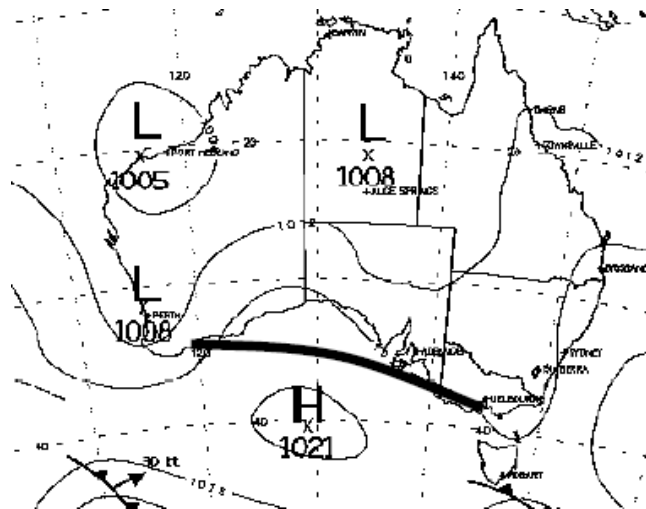
# How to discover tropo ducting?

- Watch and interpret weather forecast
  - Look out for stable high pressure areas
- Monitor tropo propagation forecasts
  - Hepburn (since 2000), F5LEN
- Listen on the radio (beacons, repeaters)
- Monitor DX-Maps
- Observe nature
  - Fog in lowlands
  - Hilltops in the clear
  - Little wind, wet ground
- Webcams on hilltops ...



# The ultimate experience: Extreme long-distance Tropo

- Typical path across calm waters
- Coastal regions are favoured
- Distances  $\gg$  2000 km
- See DF5AI articles in 2006



# Tropo Records – World & IARU R1

Band	Type	Station 1	Loc 1	Station 2	Loc 2	km
144 MHz	World	KH6EME	BK29GO	W1LP/mm	DL51CE	4755
144 MHz	R1	G3SMT	IO82KV	D4Z	HK76MU	4431
432 MHz	World	KH6EME	BK29GO	XE2/N6XQ	DL29CX	4151
432 MHz	R1	G4LOH	IO70JC	D44TS	HK77KE	4064
1296 MHz	World	KH6EME	BK29GO	XE2/N6XQ	DL29CX	4151
1296 MHz	R1	M0VRL	IO70PO	EA8AVI	IL28FC	2660

- Source: <http://www.ok2kkw.com/dxrecords.htm>
- Reception of VK6 beacon by FR1GZ over > 6000 km ?
- Europe: What if you are not located in Western UK?
- What is possible from LA (or Scandinavia in general)?

# LA0BY in JO59IX

- Hilltop near Oslo:  
Tryvann, 500 m asl
- Radio horizon (flat)
  - 800 km on 2 m
  - 700 km on 70 cm
  - 600 km on 23 cm
- Limited observation options from home
- Need 45-60 min for drive and setup

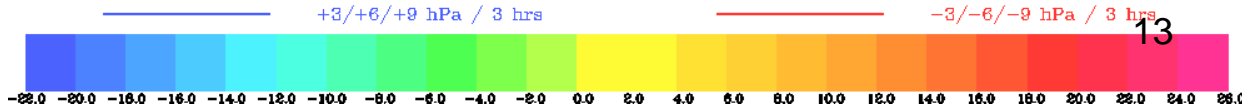
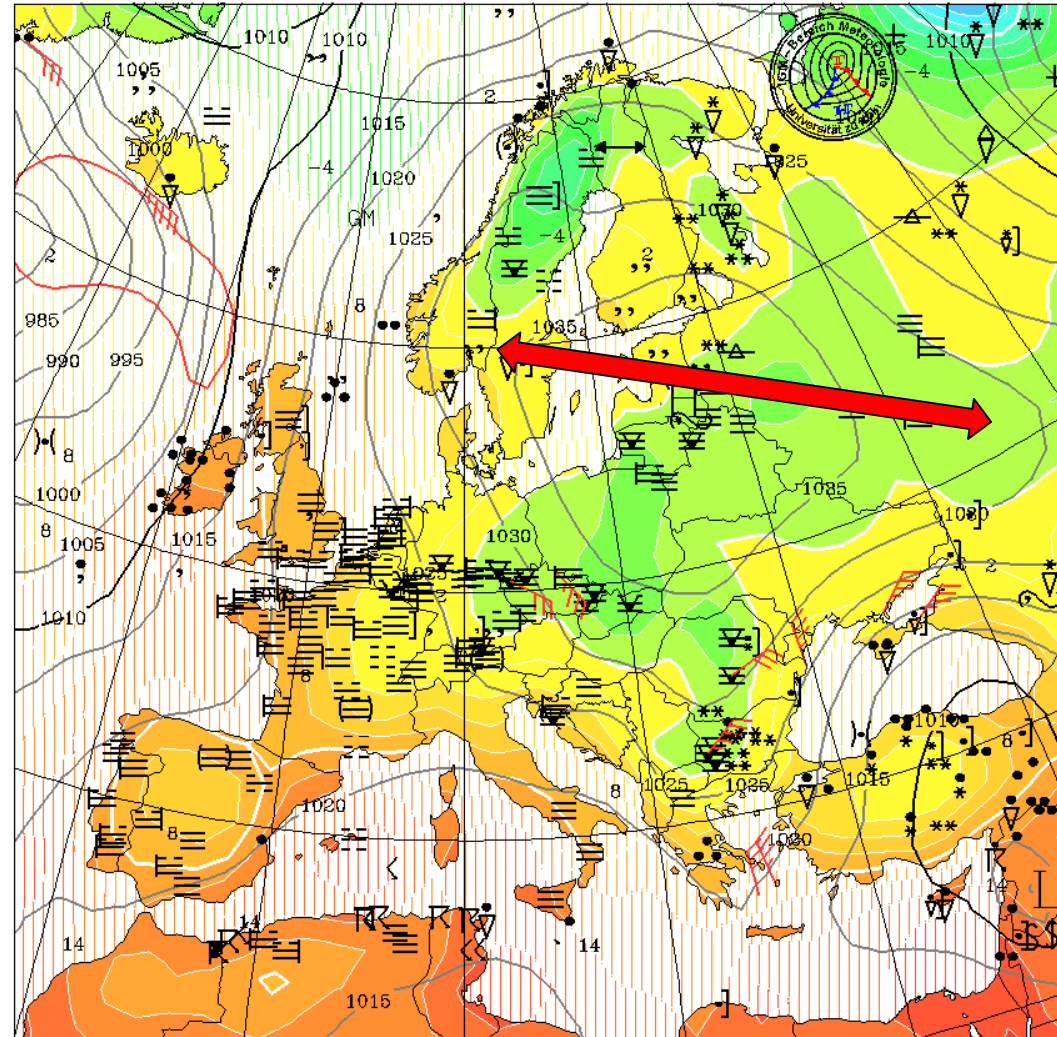
LA0BY 2019



# The great Tropo to East

- 6.-11.11.2003
  - lasting 6 days
  - 70 cm NAC
- Many DXCC
  - OH, UA1/3/4
  - ES, YL, LY
  - EW, UT, SP
  - DL, PA, G
- Best to East

2M TEMP.(COLORED) + SLP(CONTOURS) + SIGN. WEATHER 11.11.03 6 GMT



# The great Tropo to East

## LA0BY in JO59IX - 144 MHz

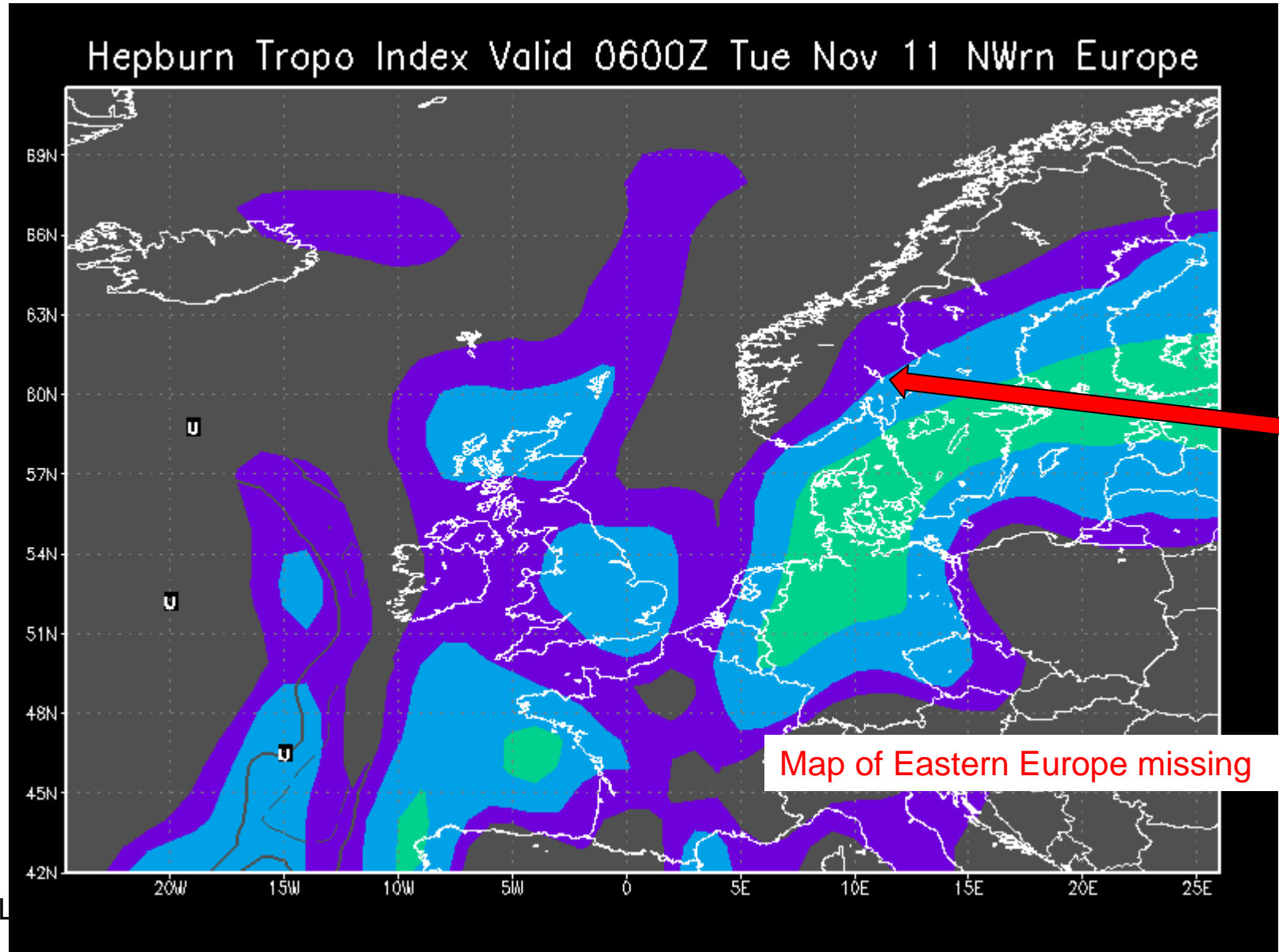
<b>UA4UK</b>	<b>LO14MA</b>	<b>2050 km*</b>
RW3TJ	LO16XG	1980 km*
RW3TI	LO16WG	1975 km*
RW3PF	KO93CD	1837 km*
RU3ACE	KO95KG	1742 km
RA3PG	KO84TD	1737 km
RX3PR	KO84TE	1734 km
RU3FA	KO84RU	1686 km
RA3DCI	KO96CB	1664 km
RA3AQ	KO85SP	1648 km

## LA0BY in JO59IX - 432 MHz

RW3PF	KO93CD	1837 km*
UA3PTW	KO93BS	1787 km
UA3ARC	KO85SO	1650 km
RA3AQ	KO85SP	1648 km
RA3LE	KO64AR	1398 km
RA3LW	KO54MQ	1347 km
SP9APC	JN99QU	1252 km
SP7EXY	KO00QW	1206 km
RX1AX	KO59EW	1091 km
SP7CNL	JO91QQ	1067 km

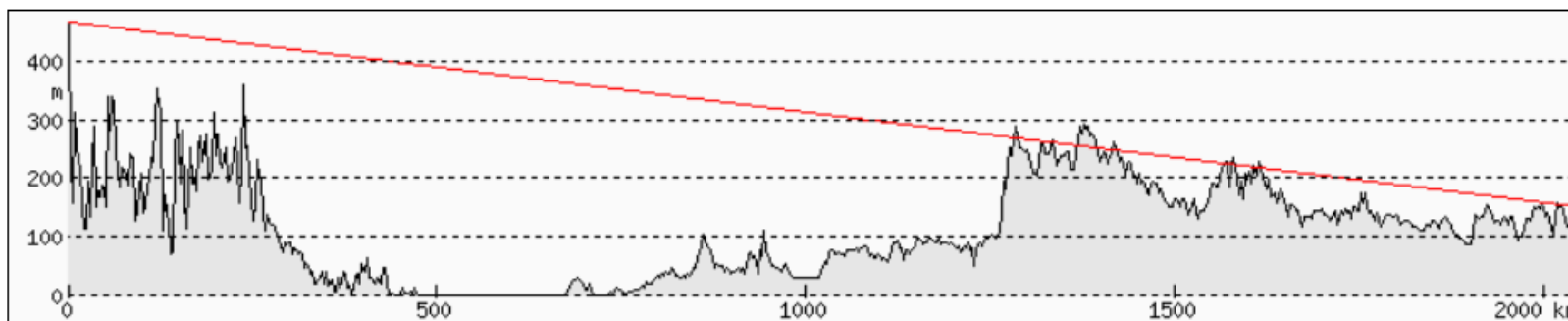
- QRV 2 bands, total > 300 QSO, first time > 2000 km on 2 m
- Strong signals, some QSO even in FM (to EW)
- Contacts over the head of SM stations (elevated duct?)

# The great Tropo to East

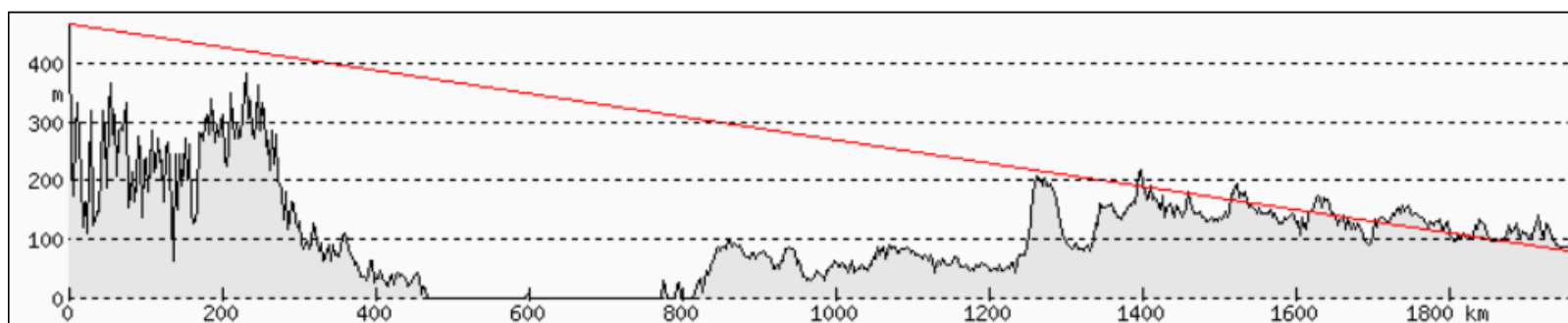


# The great Tropo to East

**UA4UK, LO14MA, path almost clear, 2050 km**



**RW3TI, LO16WG, path quite clear, 1975 km, 40 W, 2 x 16-ele**

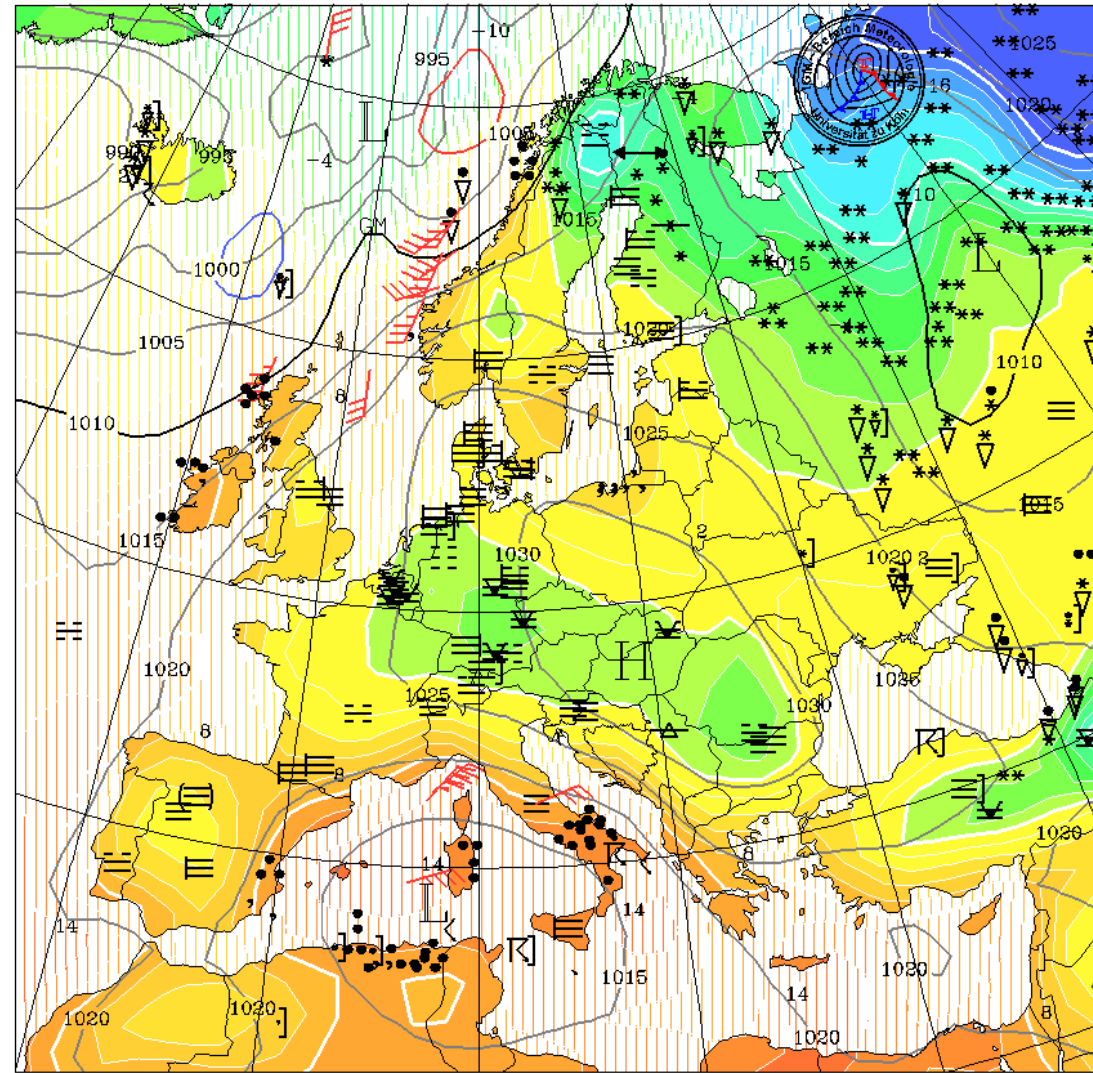




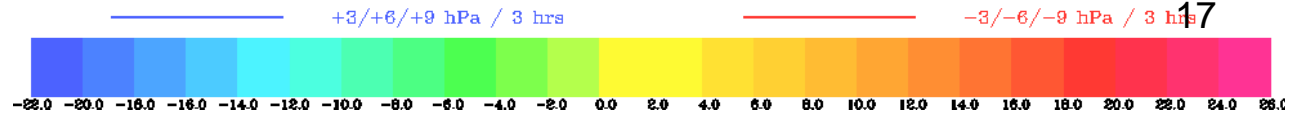
# Winter Tropo to France

2M TEMP.(COLORED) + SLP(CONTOURS) + SIGN. WEATHER 10.12.04 0 GMT

- 10.12.2004
- DXCC
  - SP6, OK
  - DL, PA, ON
  - G, F
- Best to F



LA0BY 2019



# Winter Tropo to France

## LA0BY in JO59IX - 144 MHz

F6AQI	IN96DW	1661 km
F6DZF	JN16GB	1638 km
F4DXX	IN97LH	1602 km
F6APE	IN97QI	1585 km
F5NXU	IN97MR	1557 km
F2GL	IN97ST	1533 km
F2GL	IN97ST	1533 km
F1CIA	IN97XW	1508 km
F/ON5KO/P	IN98QL	1471 km
F6DKW	JN18CS	1360 km

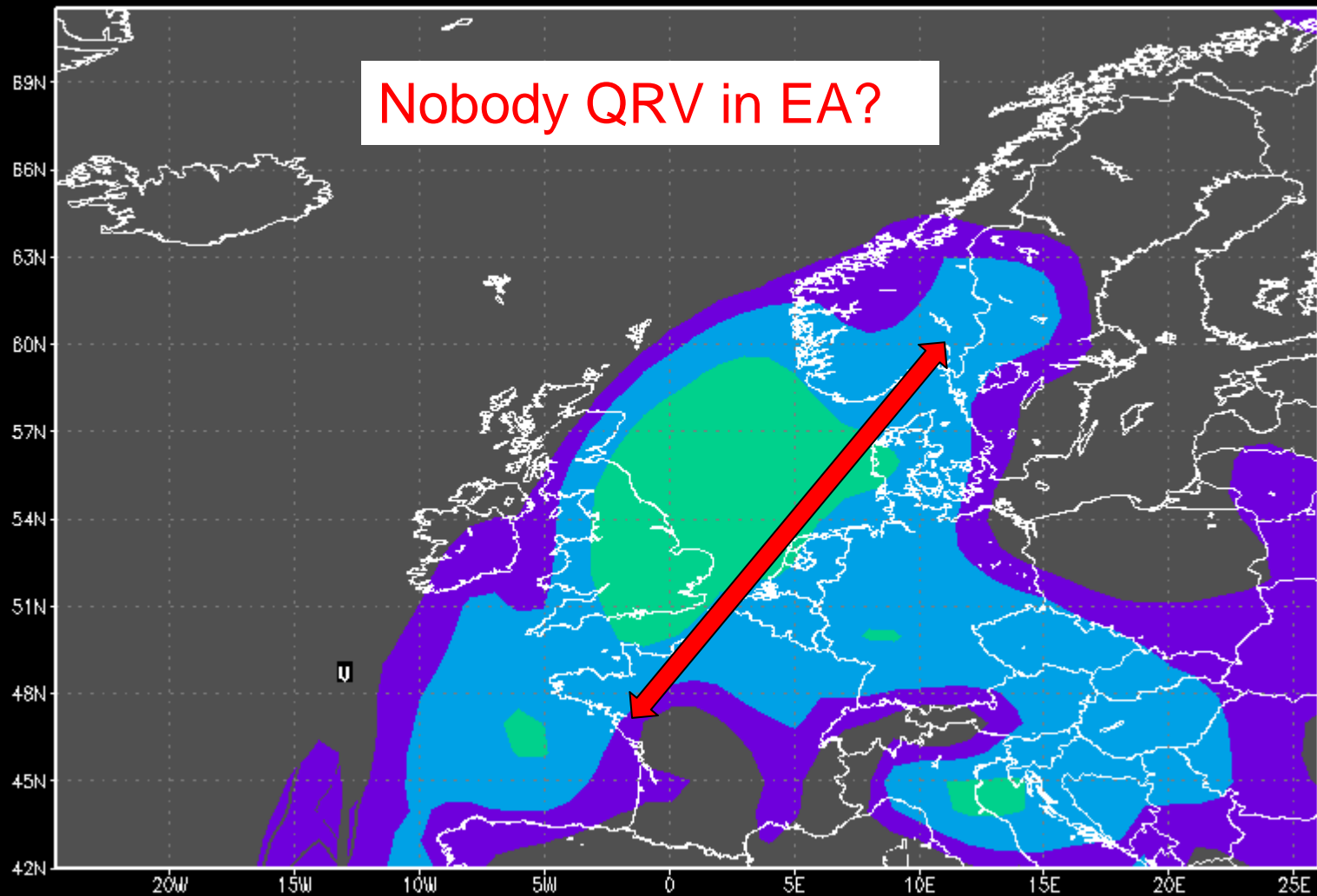
## LA0BY in JO59IX - 432 MHz

F6DZF	JN16GB	1638 km
F4DXX	IN97LH	1602 km
F6APE	IN97QI	1585 km
F5NXU	IN97MR	1557 km
F6DKW	JN18CS	1360 km
F8BRK	IN99VF	1338 km
F6CBH	JN19BH	1308 km
OK2POI	JN99AJ	1266 km
F5PEJ	JN09XT	1259 km
F4EMG	JO00WU	1155 km

- Widespread tropo, strong signals
- QRV 2 bands, total > 160 QSO, 70 cm almost like 2 m

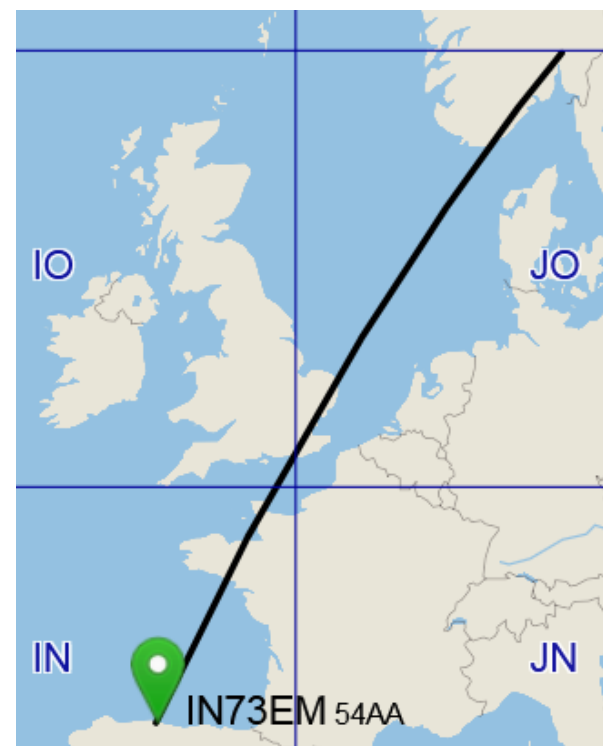
# Winter Tropo to France

Hepburn Tropo Index Valid 0600Z Fri Dec 10 NWrn Europe

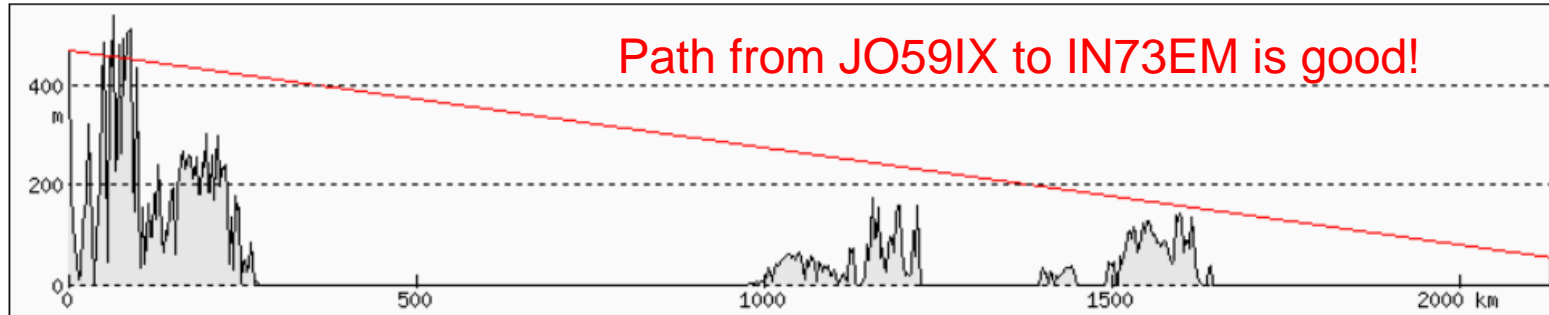


# EA1 on 144 MHz Tropo - new ODX

- 15.10.2011, 20:45 UTC: QSO between LA0BY (JO59IX) and EA1DDU (IN73EM), CW/SSB, 2135 km
- Result of > 10 year of attention and observation of propagation forecasts, weather maps & attempts
- Challenges
  - Simultaneous ducting over 3 sea- and 3 land areas needed
  - Breaking the wall of ON/PA
  - No other stations QRV from hill-top locations at both ends
- Mode was elevated duct
- Few QSO - F/G/ON/PA/DL



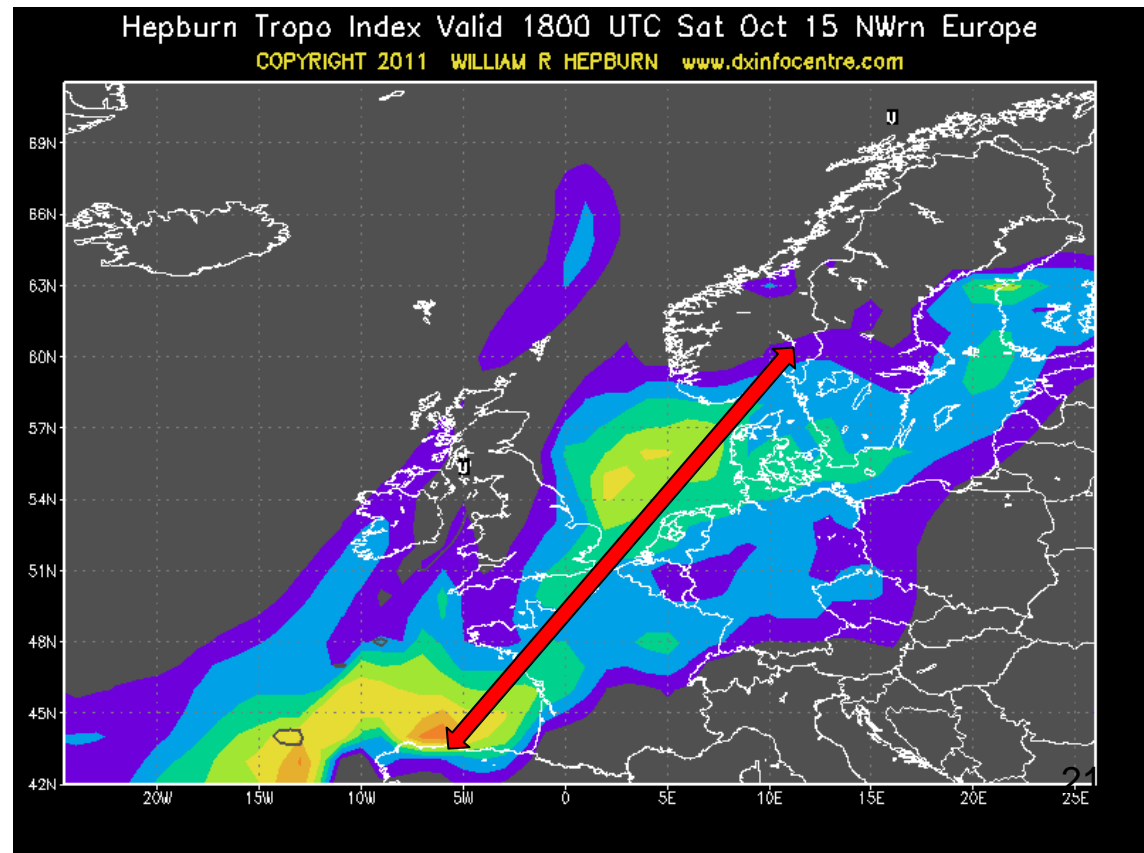
# EA1 on 144 MHz Tropo



## Equipment

- LA0BY:
  - 180W
  - 2 x 9-ele-yagi
- EA1DDU
  - 100 W
  - 12-ele-yagi

LA0BY 2019



# Crossing mountains: LA to 9A/S5

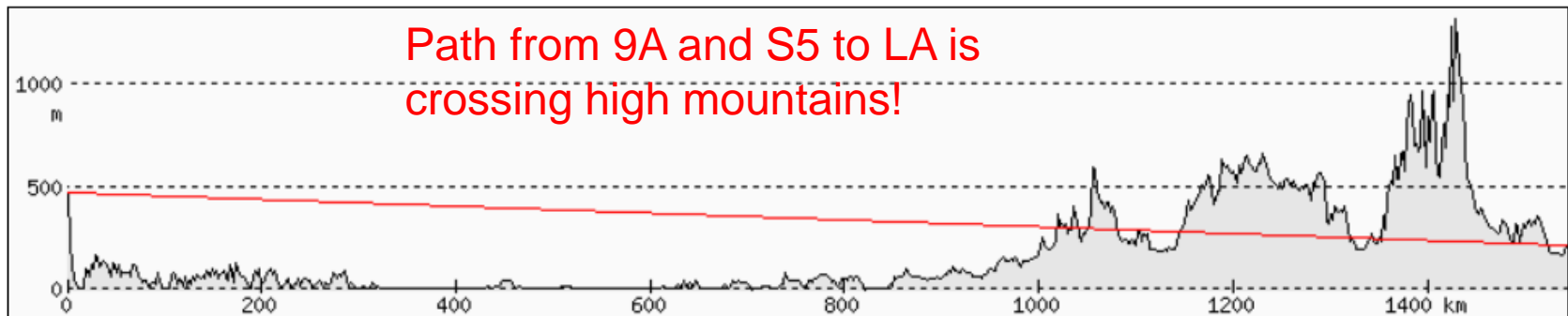
## LA0BY in JO59IX - 144 MHz

9A1CAL	JN86DM	1541 km
S51ZO	JN86DR	1518 km
OM2RC	JN88OL	1345 km
DL6MFK	JN67JX	1341 km
OE5KE	JN78EG	1323 km
DL8NP	JN58SC	1318 km
OK2BRD	JN99ET	1230 km

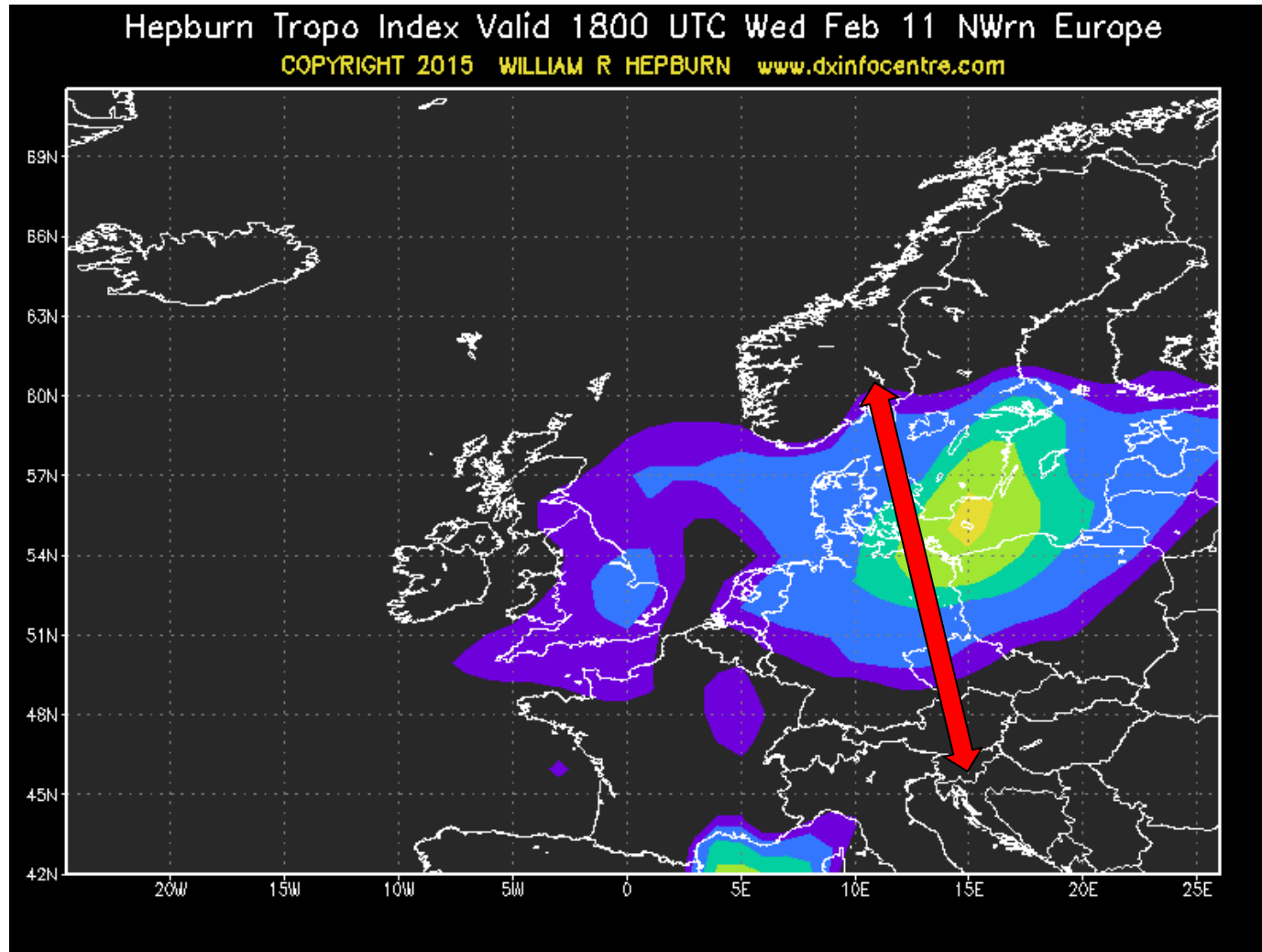
## LA0BY in JO59IX - 432 MHz

9A1CAL	JN86DM	1541 km
S51ZO	JN86DR	1518 km
OE3DSB	JN78FA	1352 km
DL6MFK	JN67JX	1341 km
OM3CLS	JN99FC	1306 km
DL3RBH	JN68IK	1290 km
OK2BRD	JN99ET	1230 km

- Event on 11.2.2015, lasting for ca. 1 day - in winter
- 2 m and 70 cm worked equally well (I was not QRV on 23 cm)
- Very good activity (> 200 QSO on 2 bands), strong signals



# Crossing mountains: LA to 9A/S5



LA0BY 2019 Hepburn predictions did not indicate path reaching 9A/S5

# LA-UA6 Unbelievable distances

- Surprise event on 22.11.2018, ca. 40 stations in CW & SSB
- Focus on 70 cm, but operational on two bands at a time (limited by antenna constraints)

## LA0BY in JO59IX - 432 MHz

**R6AM LN04NX 2611 km**

**RZ6DD LN04MX 2606 km**

**UA6AQN KN96VC 2448 km**

UR8GZ KN66RT 2082 km

UT4LA KN89CW 1954 km

UT8LE KN79WW 1937 km

UR5LX KO70WK 1899 km

UT5VD KN68MT 1889 km

UT8AL KO61WP 1705 km

UT6UG KO50EI 1634 km

total 24 stations

## LA0BY in JO59IX - 144 MHz

UR8GZ KN66RT 2082 km

UY5HF KN66HP 2059 km

UR3VKC KN68NO 1911 km

UR5LX KO70WK 1899 km

UT8AL KO61WP 1705 km

US8AR KO60AR 1683 km

UT9UR KO40XD 1632 km

total 12 stations

## LA0BY in JO59IX - 1296 MHz

EW6FS KO35LB 1110 km

EU4AX KO13VP 1060 km

SP4MPB KO03HT 911 km

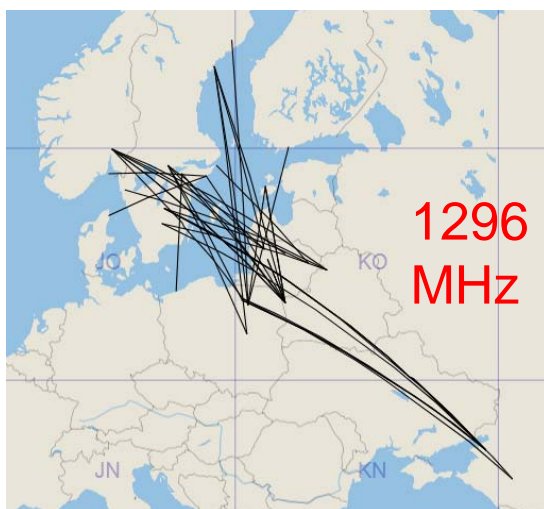
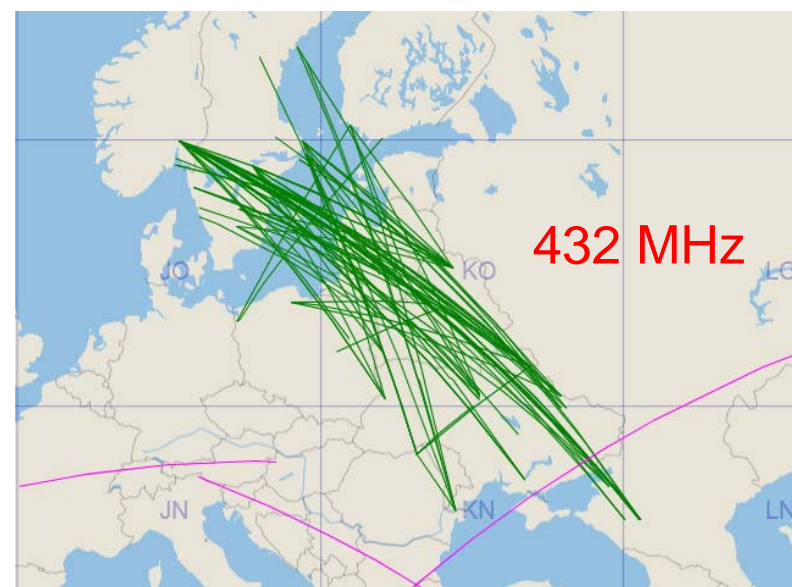
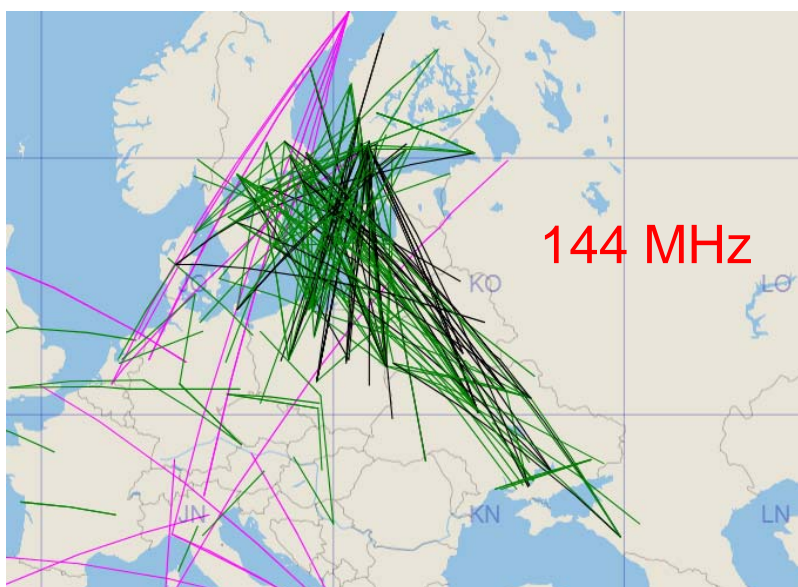
LY2R KO15VS 902 km

LY2HM KO15CX 809 km

LA0BY 2019



# LA-UA6 Unbelievable distances



- Pictures show reported contacts on 22.11.2018 from 17-24 UTC
- Working UA6 on 2 m was possible, but I did not focus on it (hrd RA6A)
- Working UA6 on 23 cm may have been possible

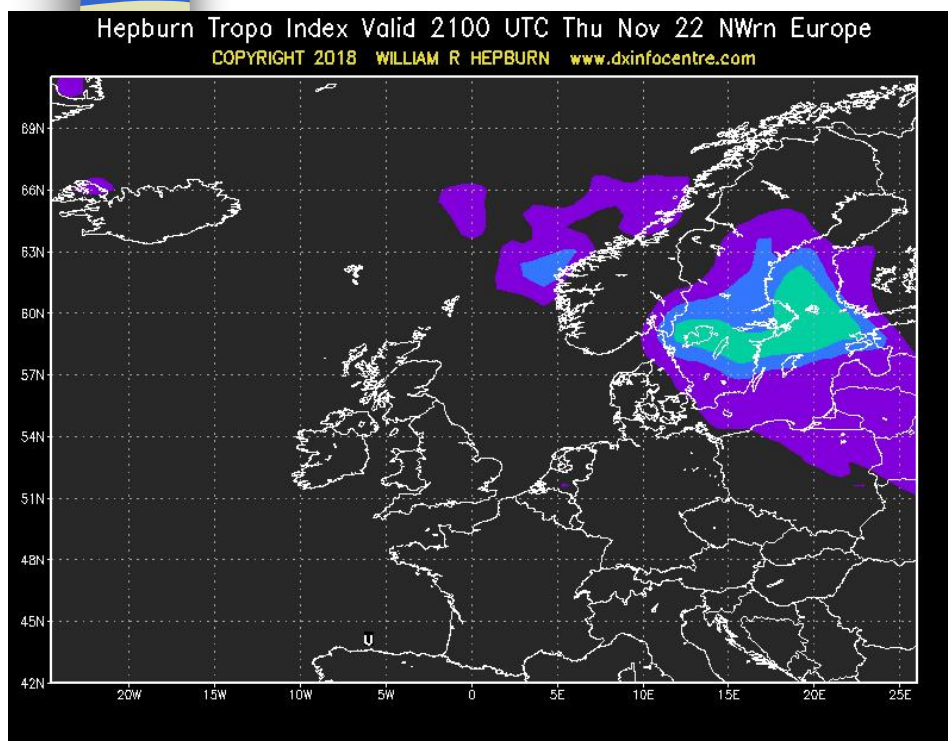
# Stations worked by RZ6DD



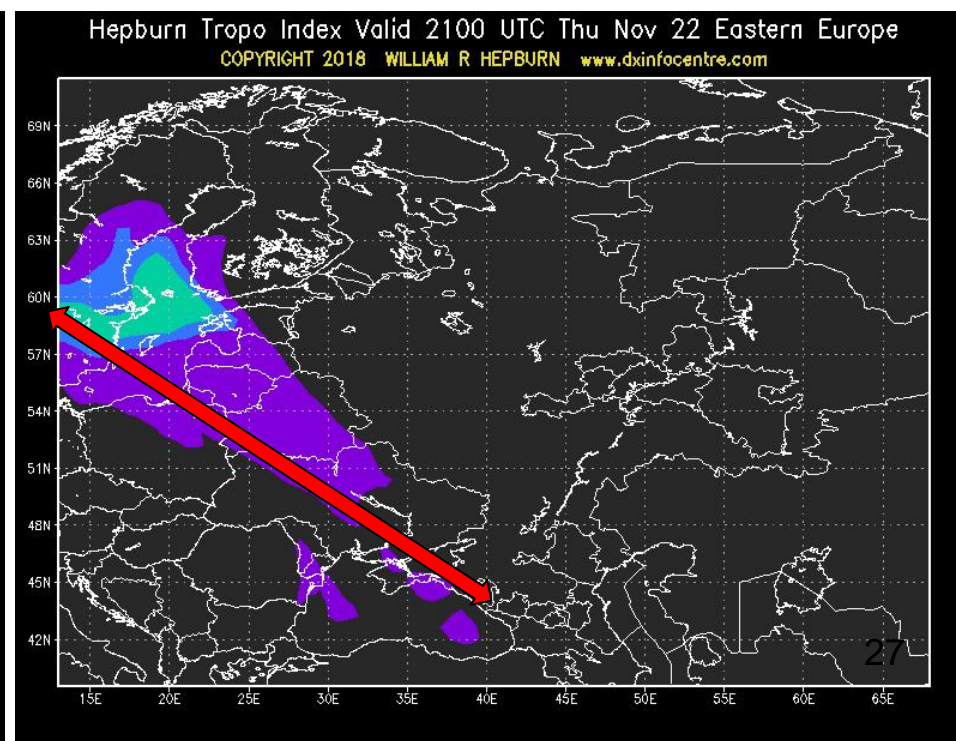
# LA-UA6 Propagation predictions

- Hepburn predicted enhanced propagation from Oslo to ES, YL, YL, SP, perhaps extending to EW and UT
- The duct to UA6 was not obvious and far beyond expectations

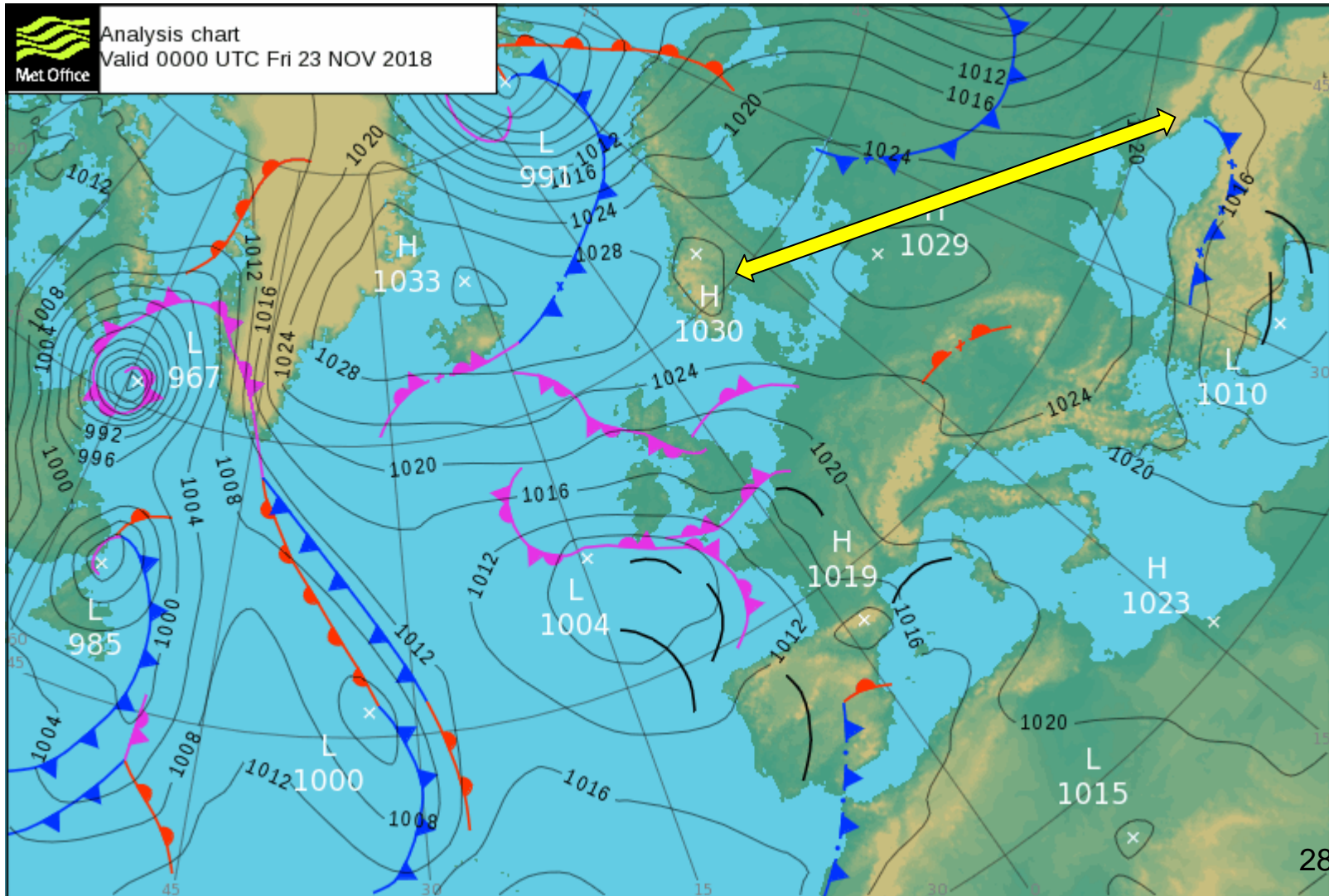
North-Western Europe



Eastern Europe



# LA-UA6 Surface pressure map



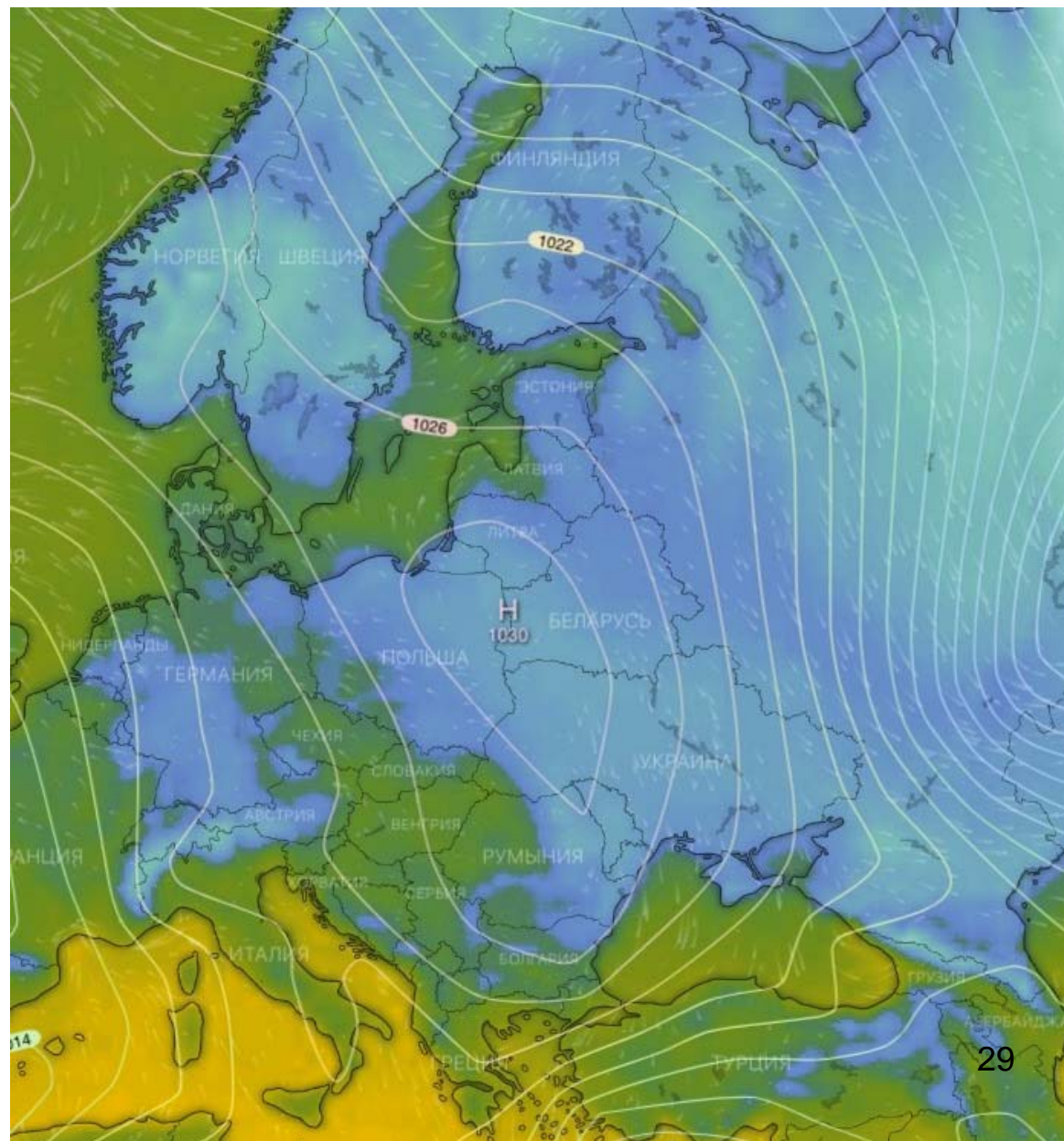
# LA-UA6 Temperature vs altitude

Ground level

## Windy.com

- Website with weather maps, current and predicted
- Maps display isobars and temperature
- Altitude can be selected (new!)

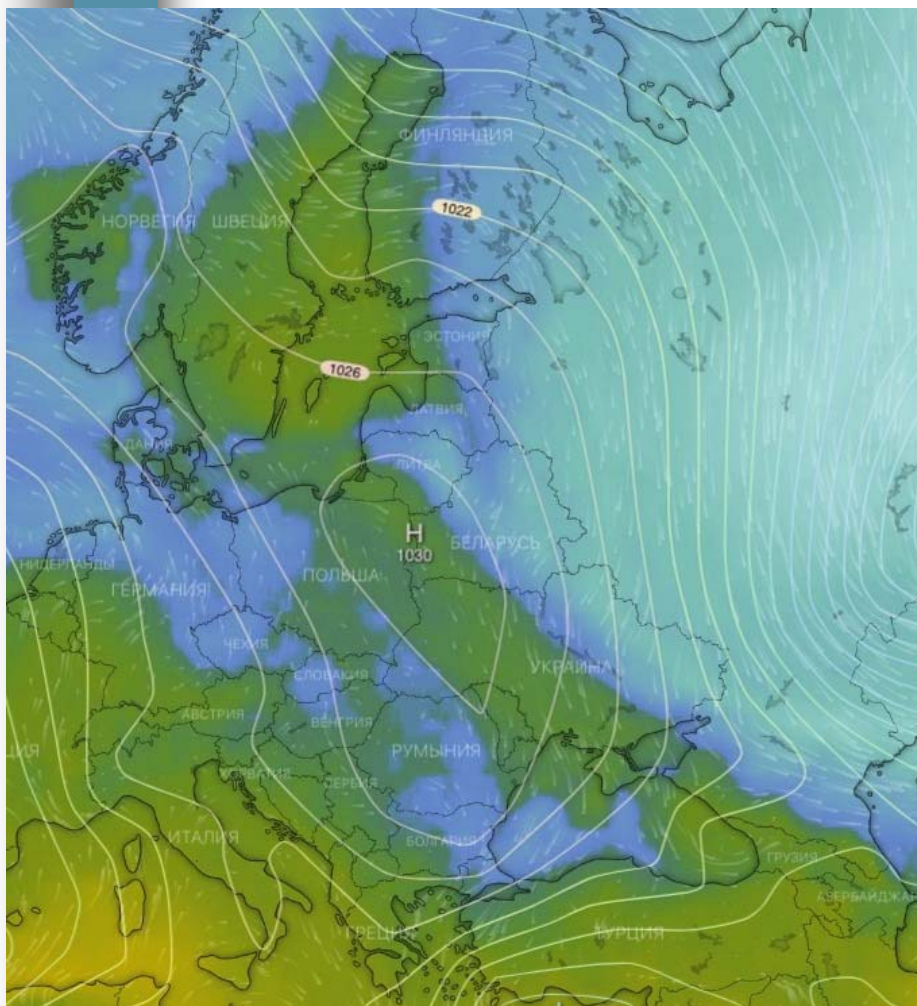
(tnx RZ6DD)



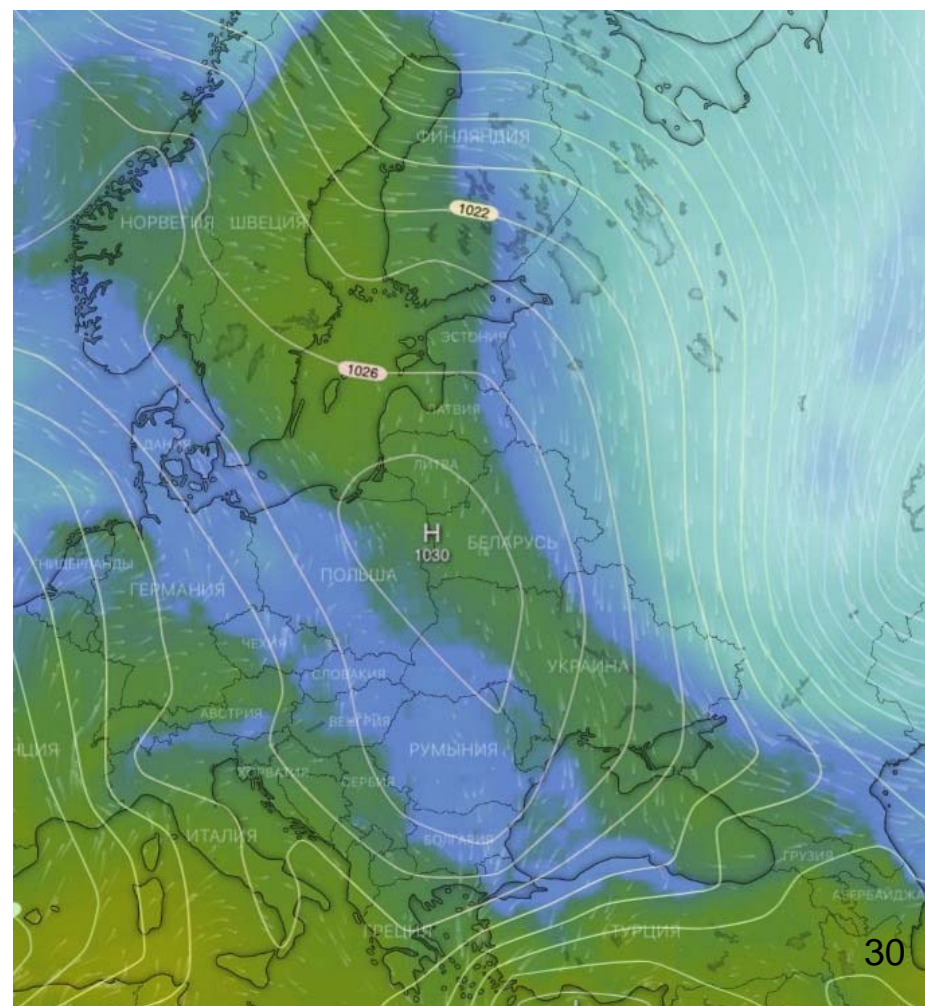
# LA-UA6 Temperature vs altitude

- The duct to UA6 shows in the altitude view (even to  $4L/TA$ ?)

900 m



1500 m

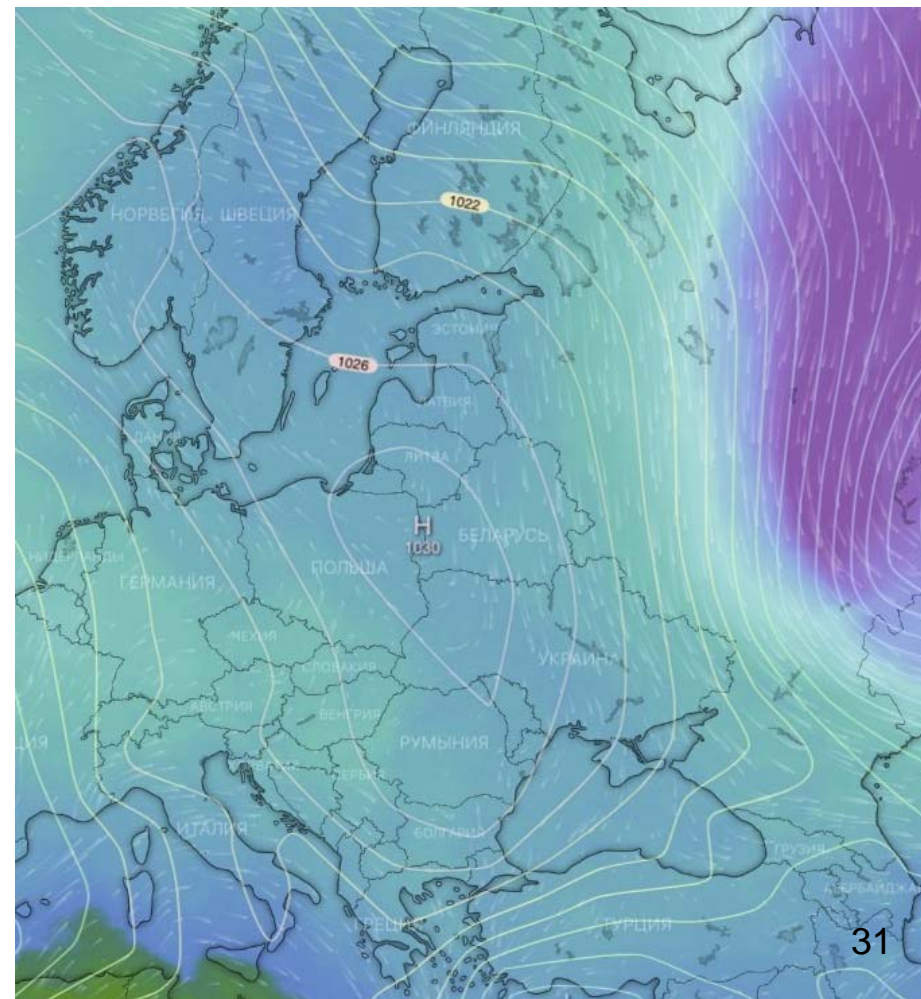
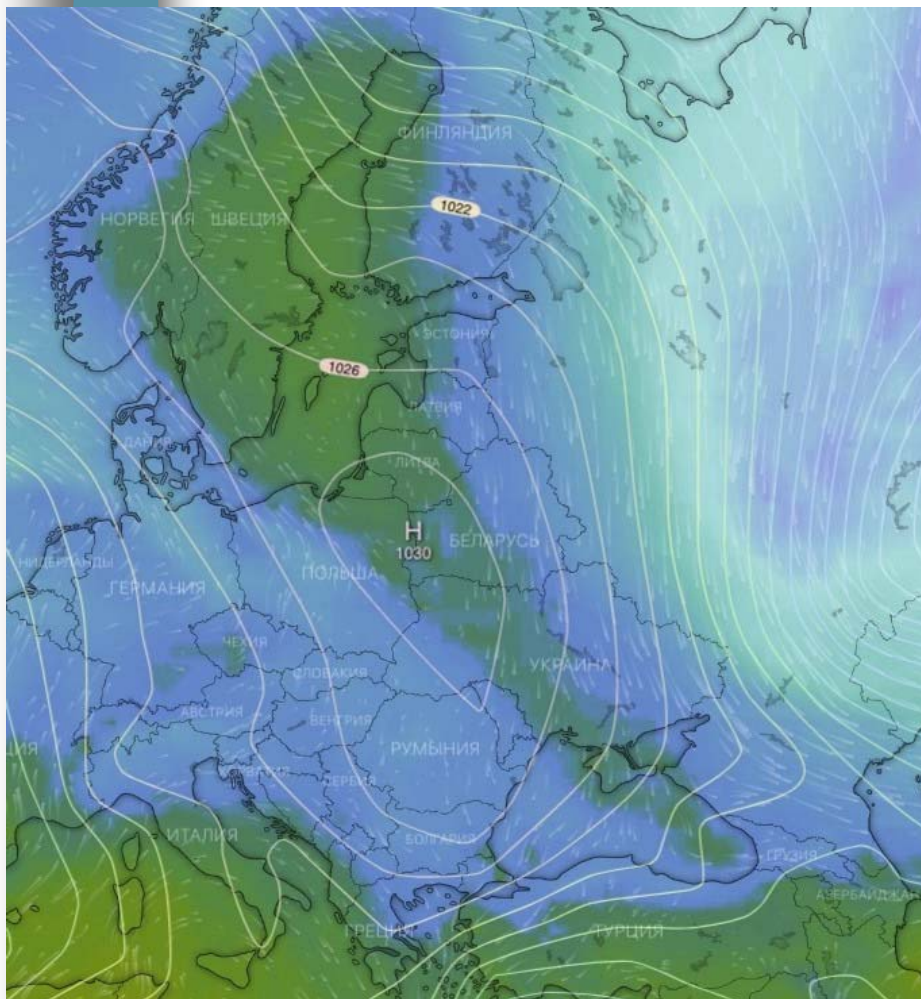


# LA-UA6 Temperature vs altitude

- It seems the duct ended just above 2000 m

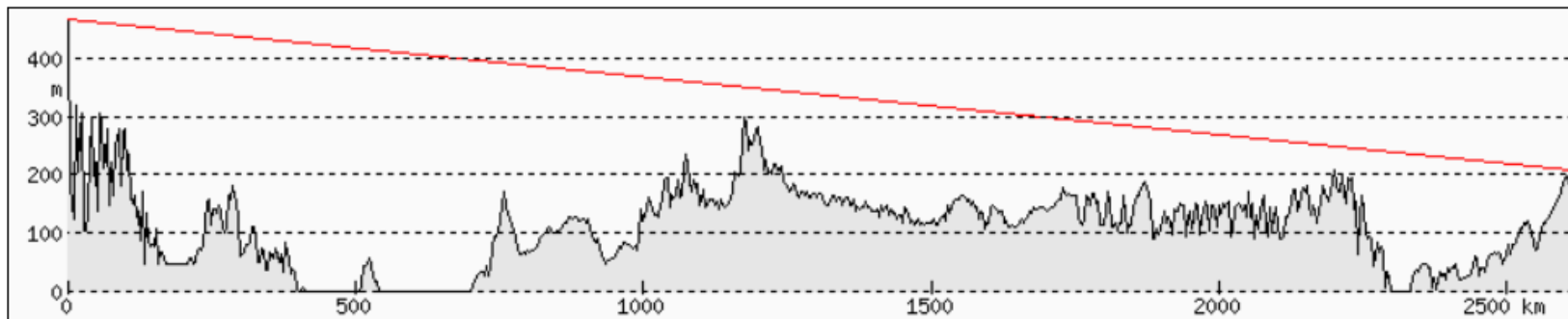
**2000 m**

**3000 m**



# LA-UA6 Path profile analysis

- JO59IX: Tryvann/Oslo - altitude 500 m
- LN04MX: Armavir - altitude 200 m



- Path seems unobstructed, but graph is for flat Earth

=> LA to UA6 is the perfect path for working tropo





# LA-UA6 Take-aways from event

- The tropo event on 22.11.2018 was predictable with maps showing temperature over altitude
- There was a wide channel (duct) with significantly inverted temperatures between LA and UA6.
- The duct was more elevated at the LA side. This explains why only LA0BY was able to get into it.
- Looking at Hepburn/F5LEN forecast is not enough
- We should be able to predict more extreme tropo conditions with the right tools – and work more DX!



# LA-UA6 Some observations

- Path from LA to UA6 was quite stable for at least 6-8 hours
- Local weather not typical for standard enhanced mode (rather cold, foggy on hilltop), but perhaps indicating elevated duct.
- Moderate equipment was sufficient on both sides
  - LA0BY on 70 cm: IC-821H, PA 120 W, 17-ele yagi
  - RZ6DD on 70 cm: IC-910, 75W, 2 x 23-ele yagi
  - UA6AQN on 70 cm: IC-9100, 75 W, 2 x 32-ele yagi
  - Most UT/UR stations worked were having only 20-50 W output power into a single yagi (UT3UCP: 20W into 5-ele duoband yagi)
- Activity and total number of contacts seemed a bit low for these extraordinary condx covering a wide area
  - Other LA were alerted, but could not hear much => elevated duct?
  - Distraction from FT8 (people «stuck» on 144,174 MHz) ?

# Operational considerations



- Working on multiple bands by a single operator can be quite challenging in extreme tropo condx:
  - Complex set-up, perhaps time consuming to get going
  - Hard to decide which band to favour, etc.
  - Stress and distraction from chat (in multiple rooms)
- Activity should be on radio, but raising attention through ON4KST chat and DXC spotting is useful
- SSB and CW go well together; digimode (e.g. FT8) seems to isolate different user groups
- Run beacon loop on one band while operating on another (interference permitting)?



# Have I reached my limit?

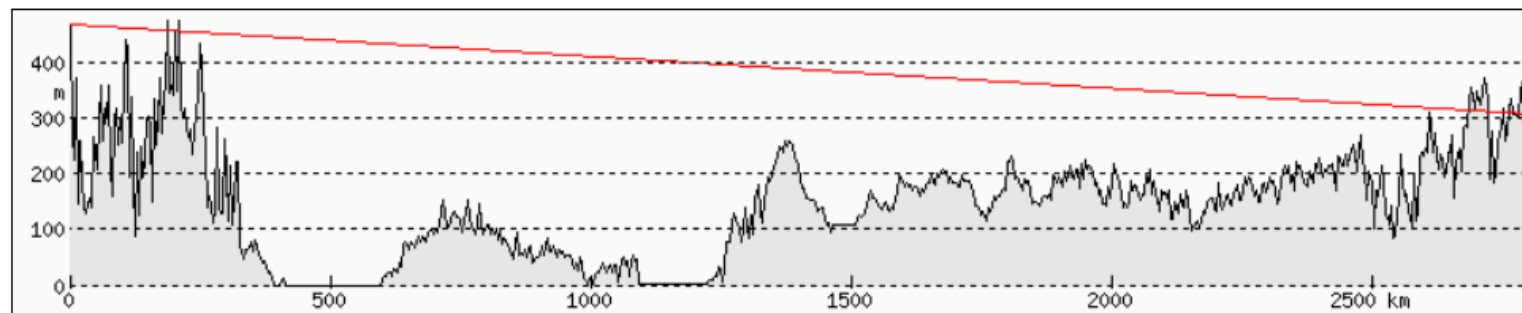
- Configuration: Never ending improvements
  - Equipment RF performance: more power, better antennas
  - Technological developments: digimodes (FT8, etc)
  - Agility: shorter time to operation, band switching
- Opportunities: Get prepared for the next frontier
  - Location: Assess path limitations
  - Targets: Identify potential Tropo partners further away
  - Awareness: propagation monitoring, alert routines

=> Limit is probably not yet reached!

# Dreaming: East beyond UA4

## Asiatic Russia, UA9

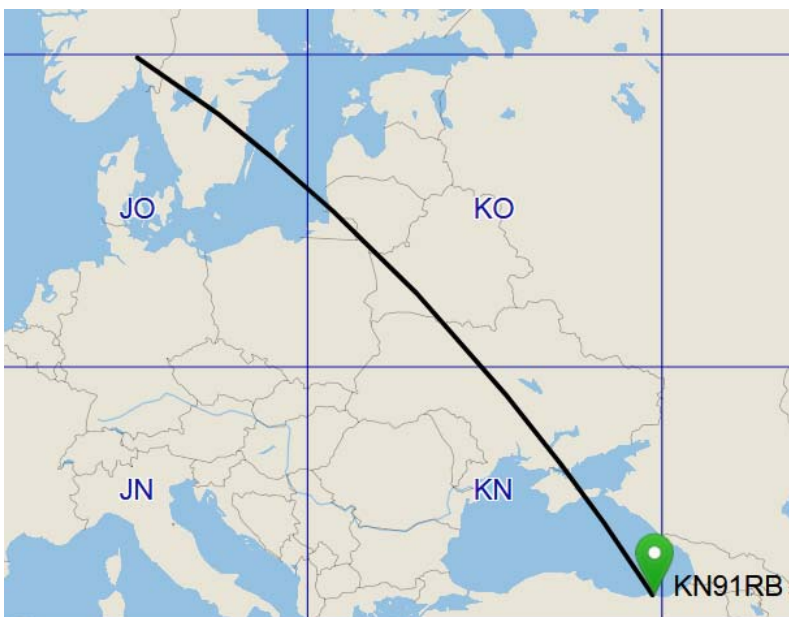
> 2500 km, UA9FAD, RA9FMT, UA9CCL + many others



# Dreaming: South-East beyond UA6

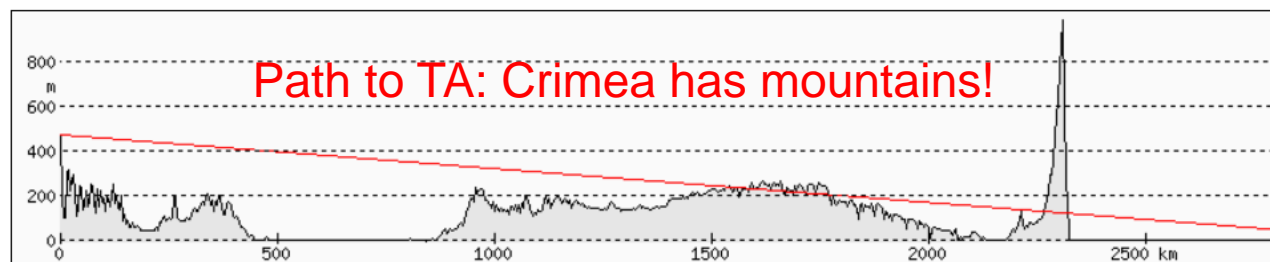
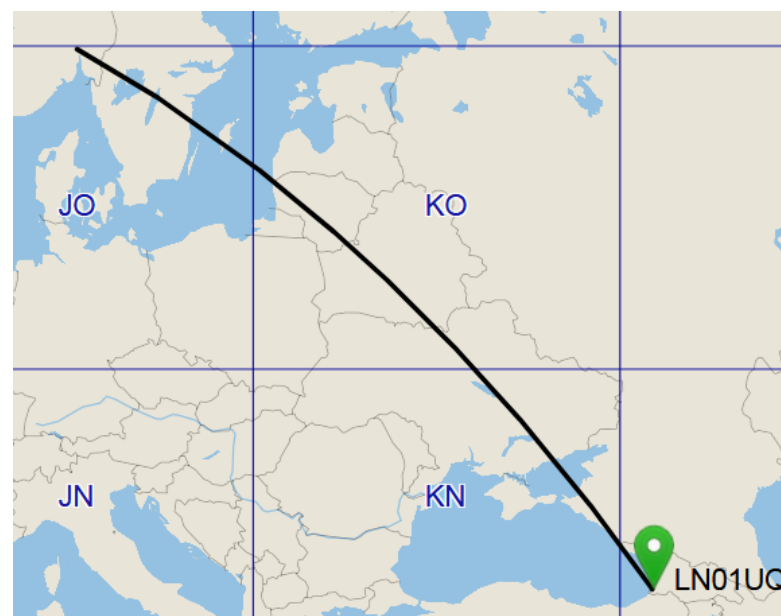
## Turkey, TA

2500-2950 km, TA7OM, TA6P



## Georgia, 4L

2700-2950 km, 4L1R, 4L5P



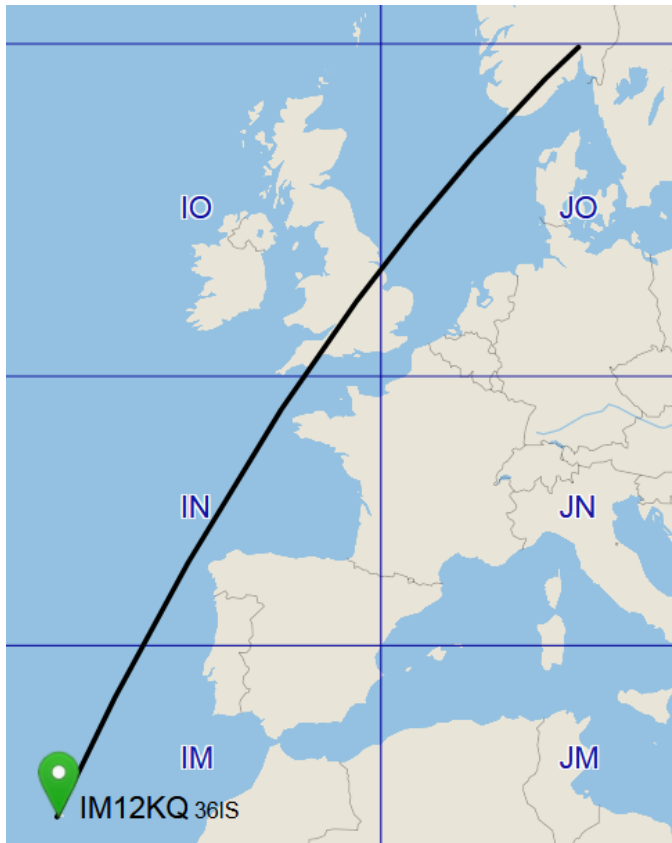
LA0BY 2019

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# Dreaming: South-West beyond EA1

Madeira, CT3:

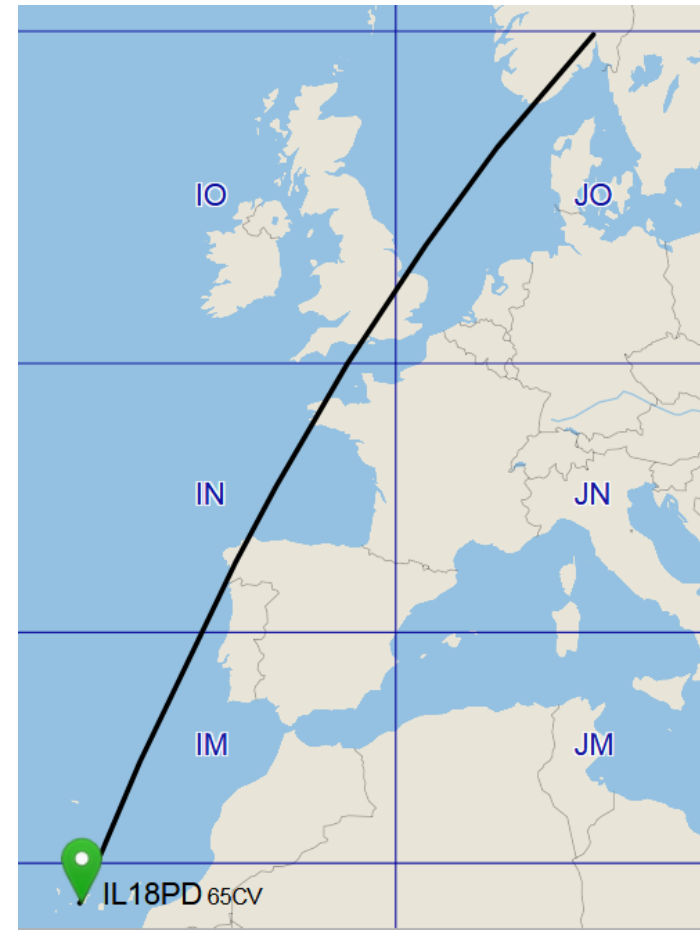
3600 km, CT3KN, CT3HF



LA0BY 2019

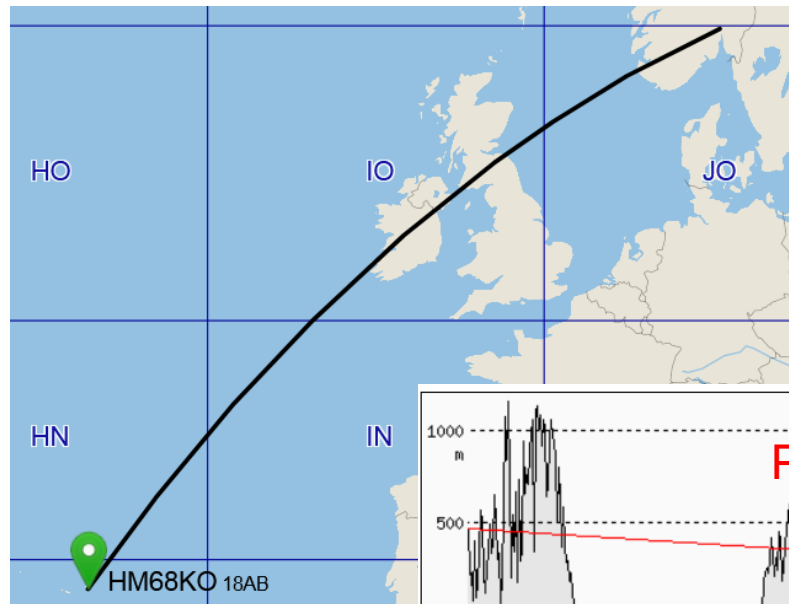
Canary Islands, EA8:

> 4000 km, EA8BDM, EA8TJ, ...

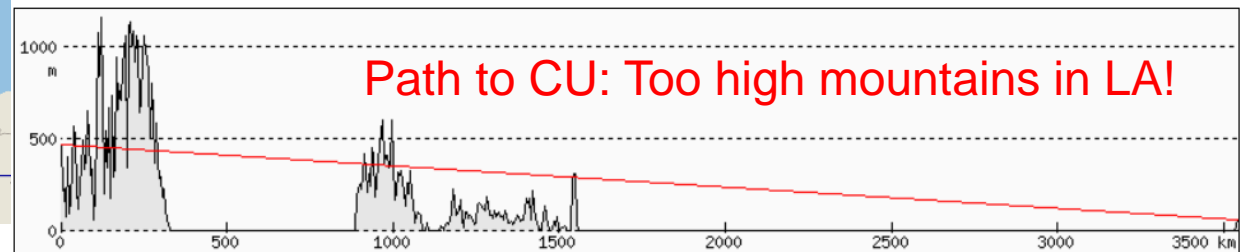


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# Dreaming: South-West beyond EA1



Azores, CU:  
3550 km, CU3EQ



## The best bet:

- Paths to UA9, TA and EA8 seem most promising
- None of them is an easy task, not even on 2 m Es





# Summary and conclusions

- Working extreme DX on VHF/UHF by tropospheric propagation can be accomplished by everybody
- Equipment requirements are low to moderate
- Operating from a location with good horizon helps
- High mountains on a path are not a show-stopper
- Tropo ducting can be predicted days in advance

## **The golden rule(s)**

**Rule 1: Be at the right location at the right time!**

**Rule 2: Have your equipment ready!**

# Checklist



- Preparation (weeks to days ahead)
  - Equipment, ready in box for portable operations
  - Identify good paths and potential QSO partners
- Observation (days to hours ahead)
  - Hepburn and F5LEN propagation forecasts
  - Analyze promising paths in altitude (with Windy)
  - DX-Maps and/or DX-Cluster (proof of something starting)
- Own activity (when it happens)
  - Monitor beacons and activity (DXC, calling frequencies ...)
  - Call in promising directions, perhaps aided by skeds
  - Spot unusual contacts and own observations on DXC
  - Determine and focus on most attractive band